

By Your Side

Winter 2025



What is a Heart Murmur?

Hearing you have a heart murmur may be concerning, but this unusual sound heard between heartbeats is generally harmless. We break down everything you need to know and tell you when to get medical care.

[Learn more](#)



What to Know About Pelvic Pain

[Learn more](#)



Checking the Facts About COPD

[Learn more](#)

A Grateful Patient Story

Pat Mahady carefully considered his treatment options when he was diagnosed with prostate cancer. The avid runner shares his story and experience with robotic surgery.

[Learn more](#)



Join us for a complimentary virtual webinar

Navigating Shoulder Pain: *How to Get Back on Your Game*
Thurs, Jan. 30, 12:00 pm – 12:45 pm ET

[Count me in!](#)

Come Visit Us!

Our new multispecialty hubs in Bridgewater and Fair Lawn, NJ, offer laboratory and surgical services, physical therapy and 20+ specialty areas of medicine.

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