

By Your Side

Fall 2024



Headaches in Children: What You Should Know

Headaches can interfere with school, sports and other activities. Find out what triggers this common problem and the different treatment options that can help.

[Learn more](#)



What are Platelet-Rich Plasma Injections?

[Learn more](#)



How to Talk to Your Doctor About Mental Health

[Learn more](#)

Come Visit Us! Summit Health Fair Lawn and Bridgewater, NJ

We're expanding! Our new state-of-the-art locations offer comprehensive primary and specialty care services in one convenient location.

[Learn more - Fair Lawn, NJ \(opened 9/16\)](#)

[Learn more - Bridgewater, NJ \(opens 10/21\)](#)

Mark Your Calendar for Medicare Annual Enrollment Period (AEP): Oct. 15 to Dec. 7.

Medicare can be confusing, but you're not alone. We can connect you to a trusted partner who will guide you through the various parts of Medicare and help you understand your options, costs and benefits.

[Learn more](#)

Flu shots are here!

Are you seeing a Summit Health provider soon? Don't forget to get your yearly flu protection. You can also walk into any CityMD location and get immunized today.



[Make an appointment](#)

Specialty Care Corner



[Clocking Vertigo: How Long Does Vertigo Last?](#)



[Beating Pericarditis: Strategies for Relief and Recovery](#)

Need care right away? CityMD is here.

From earaches to sprains and sports clearance forms, our urgent care partner CityMD is here when your back-to-school needs can't wait. Walk in or book an appointment.



[Book a visit](#)

Resources on the go



[Summit Health + CityMD app](#)



[Find a Summit Health provider](#)

[Providers](#) [Services](#) [Patient portal](#)

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